PROFESSIONAL IDENTIFICATION OF MILITARY PERSONNEL WORKING IN HEALTH ACTIVITIES

Summary:

The mission of the Army Health Service is to take care of the Force military personnel´s health, in combat or not. Military personnel, as well as health professionals are likely to have depression and anxiety as a result from the exposure to traumatic experience, including combat and separation from the family during military deployment or training, directly or indirectly leading to loss in serving the users of the health system of the Brazilian Army (BA), in addition to impacting the system economy negatively.

Methods-Results:

In the present paper, a research was made by a quiz with military personnel working in the health service of the Campinas Garrison, in which attributes we assessed for assessment of personal satisfaction in relation to the job they are developing and search in bibliographic sources was made. Sixty-two answers were collected among all involved military personnel, from soldiers to superior officers and excluding the civil servants from the research. 62.9% of the people are more than 30 years old and most (60.7%) don´t have children. Almost all individuals are volunteers for military service (96.8%), but only 14.5% are fully satisfied with the service. It was noted that there was a trend of the military personnel to be more interested in activities on direct service to the population (67.5%) compared to administrative activities (32.5%) and possibly this is related to the difficulty to deal with the BA computer systems (77.4%) or the BA documents.

Conclusions:

It is noted that most military personnel are volunteers for the service and even if there was a war, most of the health military personnel would like to work on the front line to serve the wounded in action and, that kind of motivation, when it happens, health workers become more productive, acting with greater satisfaction and producing multiplier effects. Bureaucratic work seems to cause more discontent and stress than save lives itself for this population.